



Presidents Welcome

Hello fellow hand therapists! It is my great pleasure and honor to invite you to our 3rd Annual Canadian Society of Hand Therapists Conference – 2010 in beautiful Montreal, Quebec.

This marks the first time that the Canadian Society for Surgery of the Hand – MANUS Canada and the Canadian Society of Hand Therapists “join hands” to host the first ever joint meeting. This conference will allow both Societies to recognize the interconnectivity of our work and continue to grow together and enhance the skill set of each expertise. I am certain this conference will stimulate ideas and discussions as well as provide an opportunity for the establishment of useful networks.

The CSHT is **Canada's ONLY national organization** working towards the best interest of the hand therapy profession in Canada by promoting quality care, education, and information sharing. We are a non-profit organization which represents Canada at the National and International level. We are recognized by the American Society of Hand Therapists, American Society for Surgery of the Hand, International Federation of Societies for Surgery of the Hand, and the International Federation of Societies of Hand Therapists. The success of our Society is dependant on your continued support.

I am sure you will enjoy the interesting and engaging meeting sessions, the venue, and all the city of Montreal has to offer. I hope you consider attending our 2010 Meeting.

Sincerely,

Carol Zimmerman, BScOT, CHT

President – The Canadian Society of Hand Therapists



ACCOMODATIONS



Midtown Holiday Inn

420 Sherbrooke Street West
Montreal, Quebec
(514) 842-6111
1-800-387-3042

<http://www.holidayinn.com/yul-midtown>

Limited conference rate rooms available for \$122.00 per night. This rate is available until March 8, 2010. Book your stay early to avoid disappointment.



REGISTRATION

Registration can be completed by mailing in a cheque and completed registration form to the Canadian Society of Hand Therapists or online at www.CSHT.org

Course materials, breakfast, lunch, refreshments, and wine and cheese are included in the cost of registration

All registration is subject to availability

For specific questions regarding the Conference please contact Barbara Shankland at ergo@qc.aira.com

Conference Fees:

Early Bird Deadline is March 26, 2010

	Members:	Non-Members*
Early Bird Fees:	\$425.00	\$475.00
Late Registration:	\$480.00	\$525.00
One Day:	\$250.00	\$275.00
Residents & Students**	\$300.00 (2 days)	

go to www.CHST.org for membership information

students must be enrolled in OT, PT, or Kinesiology programs

Cancellation Fee: A full refund minus a \$100 administration fee is available prior to April 1, 2010. No refunds available after April 1, 2010.

2010 Combined Meeting of The Canadian Society of Hand Therapists & The Canadian Society for Surgery of the Hand – MANUS Canada



April 23-24, 2010

Midtown Holiday Inn

Montreal, Quebec, Canada



Cindy Holmes, Occupational Therapist
Treasurer Canadian Society of Hand Therapists
c/o Royal University Hospital
103 Hospital Drive
Saskatoon, Saskatchewan
S7N 0W8

FACULTY

Dorit Aaron, MA, OTR, CHT, FAOTA

Vice President of American Society of Hand Therapists, Occupational Therapist, Certified Hand Therapist, Aaron & Rose Hand Therapy Services, INC Houston, Texas.

Dr. Jean-Paul Brutus, MD, FRCSC

Associate Professor, Faculty of Medicine at the University of Montréal, Consultant at the Centre Hospitalier de l'Université de Montréal, Quebec.

Shrikant J. Chinchalkar, M.TH.O., BScOT, OTR, CHT

Department of Hand Therapy Hand & Upper Limb Centre St. Joseph's Health Care, London, Ontario.

Mario de Almeida, BScOT

Centre ergothérapique de la main Hôpital du Sacré-Coeur de Montréal Chargé d'enseignement clinique, Université de Montréal, Programme d'Ergothérapie.

Dr. Kenneth Faber, MD, MHPE, FRCSC

Associate Professor, Schulich School of Medicine and Dentistry, The University of Western Ontario, Consultant at the Hand and Upper Limb Centre, St. Joseph's Health Care in London, Ontario.

Ken Flowers, PT, CHT

Editor Emeritus of the Journal of Hand Therapy, President Current Clinical Concepts in San Francisco, California.

Dr. Sylvain Gagnon, MD, FRCSC

Associate Professor, Faculty of Medicine at the University of Montréal, Consultant at the Hôpital du Sacré-Coeur de Montréal, Quebec.

Dr. Patrick Harris, MD, FRCSC

Associate Professor, Faculty of Medicine at the University of Montréal, Consultant at the Centre Hospitalier de l'Université de Montréal, Quebec.

Joy MacDermid, MScPT, MSc, PhD

Past President (2009) of the American Society of Hand Therapists, Associate Professor within the School of Rehabilitation Science, McMaster University in Hamilton, Ontario, Co-director of the Clinical Research Lab within the Hand and Upper Limb Centre, St. Joseph's Health Care in London, Ontario.

Jean-François Ouellet, BScOT, CHT

Clinique Musculo-Squelettique (Longueuil) & Centres de Médecine Industrielle (St-Jean-sur-Richelieu).

Dr. Hugo St-Amand, MD, FRCSC

Associate Professor, Faculty of Medicine, University of Ottawa.

Teresa Wesolowski, BScPT, CHT

Physiotherapist, Clinical Resource Specialist, Toronto Western Hospital Hand Program.

Dr Teanoosh Zadeh, MD, FRCSC

Associate Professor, Faculty of Medicine, McGill University, Consultant, Montréal Childrens' Hospital.

2010 Conference Program

Friday, April 23, 2010

- 07:00-08:00 **Registration & Continental Breakfast**
- 08:00-08:15 **Welcome Address –**
CSHT President, *Carol Zimmerman*
- 08:15-08:45 **Principles and Considerations of Tendon Transfers in the Hand –** Dr. Zadeh
- 08:45-09:30 **Therapeutic Management Following Tendon Transfers to the Hand & Upper Extremity –** Dorit Aaron
- 09:30-09:45 **Question Period**
- 09:45-10:15 **Exhibitors & Refreshments**
- 10:15-11:00 **Surgical Management of Extensor Tendon Injuries –** Dr. St-Amand
- 11:00-11:45 **Therapeutic Management of Extensor Tendon Injuries –** Teresa Wesolowski
- 11:45-12:00 **Question Period**
- 12:00-13:00 **Lunch & Poster Viewing**
- 13:00-13:30 **Surgical Management of Multi-Tissue Trauma to the Wrist & Hand –** Dr. Harris
- 13:30-14:15 **Therapeutic Management of Complex Multi-Tissue Trauma to the Upper Extremity –** Dorit Aaron
- 14:15-14:45 **Expert Panel Discussion – Complex Multi-Tissue Trauma**
Moderator: Shrikant J. Chinchalkar
Panel Members: Dr. Harris, Dorit Aaron, Mario de Almeida
- 14:45-15:15 **Exhibitors & Refreshments**
- 15:15-16:25 **Scientific Paper Presentations**
- 16:30-17:30 **Breakout Sessions**

- **Secondary Deformities to the Hand –** Shrikant J. Chinchalkar
- **“Hands-on” Clinical Examination of the Wrist –** Ken Flowers
Lab Assistants: *Joey Pipicelli, Marianne Williams*
- **BSN Medical Sponsored Casting in-Place of Splinting.**

- 17:30-18:30 **CSHT Business Meeting**
- 18:00-21:00 **Wine & Cheese**

Program is subject to change without notification.

2010 Conference Program

April 24, 2010

- 07:00-08:00 **Continental Breakfast**
- 08:00-08:30 **Cummulative Trauma Disorders About the Wrist –** Jean-François Ouellet
- 08:30-09:00 **Management of Lateral Epicondylitis –** Dr. Faber
- 09:00-09:45 **Evidence-Based Therapeutic Management of Lateral Epicondylitis –** Joy MacDermid
- 09:45-10:00 **Expert Panel Discussion - Cummulative Trauma Disorders**
Panel Members: Dr. Faber, Joy Macdermid, Jean-François Ouellet
- 10:00-10:30 **Exhibitors & Refreshments**
- 10:30-11:00 **Classification and Management of Elbow Instabilities –** Dr. Faber
- 11:00-11:45 **Therapeutic Management of Elbow Instability –** Shrikant J. Chinchalkar
- 11:45-12:00 **Question & Answer Period**
- 12:00-13:00 **Lunch & Poster Viewing**

CSHT & CSSH-MANUS Canada Joint Session

1300-1315 **CSSH – MANUS Canada President's Message**

1315-1345 **Surgical Considerations for Carpal Fractures and Instabilities (Acute/Chronic)** Dr. Gagnon

1345-1415 **Surgical Management of Non-Displaced Scaphoid Fractures –** Dr. Brutus

1415-1430 **Expert Panel Discussion – Carpal Fractures**

- 14:30-15:00 **Exhibitors & Refreshments**
- 15:00-15:30 **Therapeutic Management & Considerations of Carpal Fractures & Instabilities –** Ken Flowers
- 15:30-16:15 **Therapeutic Management of the Stiff Hand & Wrist –** Ken Flowers & Mario de Almeida
- 16:15-16:30 **Closing Ceremonies**

REGISTRATION FORM

Name: _____ Full Conference April 23, 2010 April 24, 2010

Address: _____ City: _____

Province/State: _____ Postal Code: _____ E-Mail Address: _____

Home Phone #: _____ Work #: _____

Please circle: OT / PT / CHT / STUDENT (OT / PT / Kinesiology) **Preferred Breakout Session – Please Number in Order of Preference**
Every attempt will be made to accommodate delegates preferred Breakout Session. However, space is limited. Thus, it will be based on a first come first serve basis.

Please make cheques payable to the **Canadian Society of Hand Therapists** and mail to the following address:

Cindy Holmes, Occupational Therapist
Treasurer Canadian Society of Hand Therapists
c/o Royal University Hospital
103 Hospital Drive
Saskatoon, SK S7N 0W8

April 23, 2010

- _____ **Secondary Deformities to the Hand.**
- _____ **“Hands-on” Clinical Examination of the Wrist.**
- _____ **BSN Medical Sponsored Casting in-Place of Splinting.**

To register by credit card please visit www.CSHT.org Please check if you would like instant French translation via headset